

Transition Guide for Trans, Inter, and Non-Binary Students at New College¹

If, when, and how trans/inter/non-binary people transition is highly individual to the person. Some people want to change the way they dress, some their name and/or pronouns, some want to take endocrine and/or surgical measures to reduce dysphoria. There is no right or wrong way of transitioning. This ever-expanding and changing guide is here to show people the current possibilities and pathways at New College rather than to serve as a stringent programme.

Legal Transition: name changes

- **Preferred name:** you can change your preferred name registered with college and the university at any time and without any documentation via Student Self-Service. To get a new bod card (possibly with a new picture), change the name on your pigeonhole ('pidge'), and to change your email address, contact the Academic Registrar, Freyja Madsen (tuition@new.ox.ac.uk).
- **Legal name:** some documents such as your transcript and your degree certificate do not show your preferred name but your legal name. To change your legal name with college, you will need to provide evidence of a legal name change in your country of citizenship, typically in form of a passport. To change your legal name, contact the Academic Registrar, Freyja Madsen (tuition@new.ox.ac.uk).
- **Sex marker and title:** you can change your sex marker and title of address at any time by contacting the Academic Registrar, Freyja Madsen (tuition@new.ox.ac.uk).

Medical Transition: pathway for accessing hormone therapy

1. If you want to access transition-related healthcare during your time at New College, you should first talk to the **College GPs** at 28@Northgate. The College GPs are experienced with supporting trans, inter, and non-binary New

¹ We would like to thank the New College Welfare Team for their valuable feedback on this guide.

College students and have shown willing to do so following a shared care models.

2. At first, you will typically be referred to an **NHS Gender Identity Clinic** (GIC). Patients in Oxford are usually referred to the London GIC ('the Travi'). This is subject to change due to current changes in England's GIC infrastructure and more remains to be seen. Endocrine supervision will likely soon be offered locally in Oxford.
3. As GIC waiting times are very long (multiple years), you might want to consider using a **private healthcare provider**. New College's College GPs at 28@Northgate have experience with collaborating with **GenderCareUK** and it is recommended to use this service. The college GPs have a hard line on self-medicating, but they do blood tests for safety reasons.
4. There may be **financial resources available at New College** to help you access private transition healthcare whilst you are on a GIC waiting list if you cannot afford it yourself. Please talk to the New College Welfare Team (welfare@new.ox.ac.uk) to discuss this.
5. Before accessing hormones, you will have to go through a **psychological** as well as an **endocrinological assessment** with GenderCareUK or the NHS GIC.
6. After your assessments, you will have the opportunity to **preserve your fertility** via egg/sperm cryopreservation ('freezing'). This service is generally funded by the Oxfordshire NHS Clinical Commissioning Group and run by Oxford Fertility. You will have to talk to the college GPs to access this service. If you are using a private service, you might have to make an Individual Funding Request (IFR), but the College GPs are experienced with this.
7. Regardless of whether you accessed your hormone assessments privately or via the NHS GIC, the College GPs will take care of **monitoring blood tests** as well as **prescriptions** whilst your (private or GIC) endocrinologist will monitor your care. You may want to consider using the NHS pre-paid prescription service to save money. Standard prescription regimes in the UK include:

- For transmasculine people: testosterone injections every 2-15 weeks or daily testosterone gel
 - For transfeminine people: daily oestrogen tablets, patches, or gel, combined with triptorelin injections every 12 weeks
8. If you are struggling with the **side effects** of medication adjustments and its impact on your studies, you may be able to access tailored accommodations. For this, talk to the Academic Registrar, Freyja Madsen (tuition@new.ox.ac.uk), and/or the Disability Advisory Service.

Medical Transition: other forms of healthcare

- You may be able to get access to **laser hair removal** or **speech and language therapy** through the NHS GIC or, possibly, financial support for private treatment through New College (cf., the accessing hormones pathway).
- It is unfortunately unlikely that you will be able to get any substantial financial support for accessing **surgeries** through New College. However, NHS GICs offer bottom surgery for all trans and non-binary people, as well as top surgery for transmasculine people.

University Sports

- In general, trans, inter and non-binary students **can participate** in all college and most university sports based in their affirmed gender identity without further requirements.
- In competitive contexts, i.e. some of the university-level sports teams such as 'Blues' and 'Half-Blues', students will need to follow the regulations of the national governing body of their sport. Some governing bodies place additional barriers in the way of the participation of trans, inter and non-binary students' participation in their sport. The relevant university sports team should be able to advise and help.

Academic dress and dress codes

- All dress codes at New College are gender-neutral as are the university rules for academic dress. For some guidance on how to navigate New College dress codes, please see the MCR's guidance document https://unioxfordnexus.sharepoint.com/:w:/s/NewCollege-MCRCommittee/EY2yI_dhw-NMhXlwTxibbksBLjaFzI8VZtC7onNft2GKIA?e=2Ov8wm.

Policy documents

- For the university's 'Transgender Policy' see <https://edu.admin.ox.ac.uk/transgender-policy#collapse1138226>
- For the university's 'Transgender Guidance' see <https://edu.admin.ox.ac.uk/transgender-guidance>